

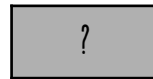
THE ALLERGEN MATRIX



The allergen matrix outlines allergens which are in our menu items.

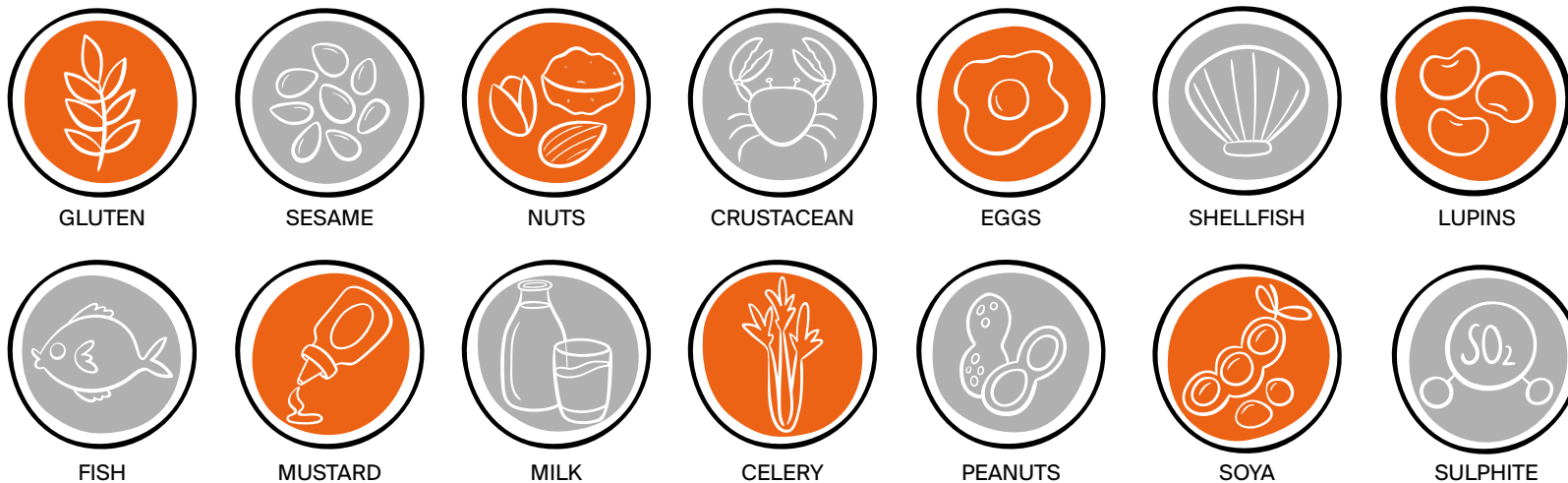


The orange colour boxes with a 'YES' word show where an allergenic ingredient is used in the recipe.



A black question mark appears where the dish 'may contain' an allergen. We've marked this based on what other ingredients are used by our suppliers.

We handle all allergens in our kitchens and we can never 100% guarantee an allergen-free environment!



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Reviewed by Kristina Koncova on 30/03/2021

CLASSIC WRAPS						
	CLASSIC CHICKEN SOUVLAKI	CLASSIC PORK SOUVLAKI	CLASSIC HALLOUMI SOUVLAKI	CLASSIC CHICKEN GYROS WRAP	CLASSIC PORK GYROS WRAP	CLASSIC VEGAN GYROS WRAP
CELERY	?	?	?	?	?	?
GLUTEN	YES	YES	YES	YES	YES	YES
CRUSTACEAN						
EGGS	?	?	?	?	?	
FISH	?	?	?	?	?	
LUPINS						
MILK	YES	YES	YES	YES	YES	
MOLLUSCS	?	?	?	?	?	
MUSTARD	YES	YES	?	YES	YES	?
NUTS						
PEANUTS						
SESAME	?	?	?	?	?	?
SOYA	?	?	?	YES	YES	YES
SULPHITE	?	?	?	?	?	

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SIGNATURE WRAPS						
	PIGASUS	HELLA FELLA	HIS & HERCULES	L'AMBROSIA	GARDENOPOLIS	PANDORA'S BALLS
CELERY	?	?	?	?		
GLUTEN	YES	YES	YES	YES	YES	YES
CRUSTACEAN						
EGGS	YES		YES	YES	YES	YES
FISH				YES		
LUPINS						
MILK	YES		YES	YES	YES	
MOLLUSCS						
MUSTARD	YES	?	YES	YES	YES	YES
NUTS						
PEANUTS						
SESAME		YES				
SOYA	?		?	YES		
SULPHITE				YES	YES	

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PROTEINS							
	CHICKEN SKEWER	PORK SKEWER	HALLOUMI SKEWER	LAMB SKEWER	CHICKEN GYROS	PORK GYROS	VEGAN GYROS
CELERY	?	?		?			?
GLUTEN	?	?		?	YES	YES	YES
CRUSTACEAN							
EGGS	?	?		?			
FISH							
LUPINS							
MILK	?	?	YES	YES	YES	YES	
MOLLUSCS							
MUSTARD	YES	YES		?	YES	YES	?
NUTS							
PEANUTS							
SESAME							?
SOYA	?	?		YES	YES	YES	YES
SULPHITE							

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SALADS BY HERMES			
	GREEK VILLAGE	AEGEAN SLAW	CAULIFLOWER RICE SALAD
CELERY			
GLUTEN			
CRUSTACEAN			
EGGS			
FISH			
LUPINS			
MILK	YES		
MOLLUSCS			
MUSTARD		YES	
NUTS			
PEANUTS			
SESAME			
SOYA			
SULPHITE			



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CHIPS BY APOLLO					
	MAMA'S CHIPS	ANGRY MAMA'S CHIPS	GREEK CHIPS	EUREKA TRUFFLE FRIES	SWEET POTATO FRIES
CELERY					
GLUTEN			YES		
CRUSTACEAN					
EGGS			YES		
FISH			YES		
LUPINS					
MILK			YES	YES	
MOLLUSCS					
MUSTARD					
NUTS					
PEANUTS					
SESAME					
SOYA					
SULPHITE					

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SIDES BY APHORODITE									
	CROQUETT ES	FALAFEL	POPCORN HALLOUMI	CALAMARI	MINI SPANAKO PITA	GREEK LEMON RICE PILAF	CAULIFLO WER RICE	MAC & CHEESE LOGS	MEATBALLS
CELERY				?					
GLUTEN	YES	YES	YES	YES	YES			YES	YES
CRUSTACEAN				?					
EGGS			YES	?	?			YES	
FISH				?					
LUPINS									
MILK	YES		YES	?	YES			YES	
MOLLUSCS				YES					
MUSTARD			YES	?	?				
NUTS									
PEANUTS									
SESAME					?				
SOYA				?	YES			YES	
SULPHITE				?					

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DIPS & PITA					
	PITA	SMOKY AUBERGINE DIP	TZATZIKI DIP	HOUMOUS DIP	KALAMATA OLIVES
CELERY		?	?	?	
GLUTEN	YES	?	?		
CRUSTACEAN					
EGGS		?	?		
FISH		?	?		
LUPINS					
MILK		?	YES		
MOLLUSCS		?	?		
MUSTARD		?	?	?	
NUTS					
PEANUTS					
SESAME		?	?	YES	
SOYA		?	?		
SULPHITE		?	?		

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SAUCES					
	FETA SAUCE	TRUFFLE AIOLI	SPICY CHILLI	LEMON GARLIC AIOLI	KALAMAKI SPECIAL SAUCE
CELERY				?	
GLUTEN	YES				
CRUSTACEAN					
EGGS	YES	YES			YES
FISH	YES				
LUPINS					
MILK	YES	YES			
MOLLUSCS					
MUSTARD					YES
NUTS					
PEANUTS					
SESAME					
SOYA					
SULPHITE					

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DESSERTS				
	BROWNIE BAKLAVA	MINI CREAM PIES	GREEK CHURROS	BAKLAVA
CELERY		?		
GLUTEN	YES	YES	YES	YES
CRUSTACEAN				
EGGS	YES	YES	YES	?
FISH				
LUPINS				
MILK	YES	YES	?	?
MOLLUSCS				
MUSTARD		?		
NUTS	YES		?	YES
PEANUTS		?		?
SESAME		?	?	?
SOYA	?	?	?	?
SULPHITE			YES	

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